

You could support your Muslim friends by:

Taking an interest –
ask why they are
fasting

Don't make it
awkward by
apologising for
eating around them –
they expect that you
will continue to do so



Don't try and tempt them by
offering them food

Do good deeds each
day of the month of
Ramadan

Donate to charity

Try fasting yourself,
even just for a few
hours, to show
solidarity

'RESPECT'

Yourself
Others
Your School

"A good friend not only cares about your relationship with them but also your relationship with Allah" – Saad Tasleem

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