

**Fact: 15% of the world's population have a disability**

**Fact: Disabilities can be visible and invisible**



**Language is important, we wouldn't use discriminatory language about race, gender, sexuality or religion, so the same applies to disabilities**

**See the person not the disability**

**Question: What could we do in our school to be more inclusive to people with disabilities?**

**Question: What could you do as an individual?**

Avoid	Use
(the) handicapped, (the) disabled	disabled (people)
afflicted by, suffers from, victim of	has [name of condition or impairment]
confined to a wheelchair, wheelchair-bound	wheelchair user
mentally handicapped, mentally defective, retarded, subnormal	with a learning disability (singular) with learning disabilities (plural)
cripple, invalid	disabled person
spastic	person with cerebral palsy
able-bodied	non-disabled
mental patient, insane, mad	person with a mental health condition
deaf and dumb; deaf mute	deaf, user of British Sign Language (BSL), person with a hearing impairment
the blind	people with visual impairments; blind people; blind and partially sighted people
an epileptic, diabetic, depressive, and so on	person with epilepsy, diabetes, depression or someone who has epilepsy, diabetes, depression
dwarf; midget	someone with restricted growth or short stature
fits, spells, attacks	seizures

**'RESPECT'**  
Yourself  
Others  
Your School

**"A person is only as disabled as their environment and the beliefs of the people around them."**

Dr Bala Pillai (ASD Specialist)

