

Attention Deficit and Hyperactivity Disorder in a common neurological condition. 10% of school age students in the UK have ADHD

What is ADHD?



Inattentive
Finds concentration difficult in more than one setting (school and home)

Impulsive and poor activity control



Hyperactivity
Difficulties paying attention as well as regulating behaviour



'RESPECT'
Yourself
Others
Your School

How can it affect people's lives?



ADHD is more common in males than females. The rate of diagnosis is 2:1 in the UK

Trouble keeping attention and easily distracted



Does not follow instructions or finish tasks

Disorganised and loses things



Fidgets and can be restless

Talks excessively and interrupts others



Finds it hard to wait their turn

What helps?

Separate their actions from them



Do not distract in lessons and give space

Support organisation



Be kind and understanding

See the bigger picture



What do you really know about ADHD?

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