

# 10% OF THE UK POPULATION ARE AFFECTED BY DYSPRAXIA

## What is dyspraxia?

Dyspraxia is a motor learning disability



It affects co-ordination and balance



It affects hand to eye co-ordination

It can affect organisational and memory skills



It can cause a sensitivity to sound, light and noise

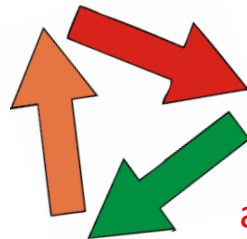
## How can it affect people's lives?

Difficulties with handwriting and copying information



Poor balance and can be clumsy

Often disorganised, untidy and finds following verbal instructions demanding



Poor memory and sense of direction

## What helps?

Extra time to process and manage information



Typing opportunities and computer use



Careful seating in the classroom

Understanding and empathy from all



**'RESPECT'**

Yourself  
Others  
Your School

# What do you **really** know about dyspraxia?