Year 11

Student Name: _________________________________

Tutor Group: ___________________________________
You will need to head to the school field straight after lunch.
You will be able to find out about a range of careers and education pathways you might choose in your future. You will have the opportunity to think about your future and the skills you have to offer. You will be working in your form group for the whole day.

<table>
<thead>
<tr>
<th>Outdoor Activity</th>
<th>Lunch (1.15 - 2.15)</th>
<th>Visiting Zones Career</th>
<th>Keynote Speech (pa)</th>
<th>Break</th>
<th>PM Form and Period 5</th>
<th>AM Form and Period 1</th>
<th>Period 2</th>
<th>Period 3</th>
<th>Period 4</th>
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What will we be doing today?
Read the below statements and reflect on your study skills session.

<table>
<thead>
<tr>
<th>Statement</th>
<th>😊</th>
<th>😐</th>
<th>😞</th>
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<tbody>
<tr>
<td>I understand more about memory and how to enhance my learning compared to the start of the day.</td>
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<tr>
<td>I understand how some revision strategies work and why others don’t.</td>
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<tr>
<td>I have learnt new revision strategies.</td>
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<tr>
<td>I feel more confident and motivated to start revising.</td>
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What revision methods do you currently use or have used frequently in the past?

Of the revision methods you have learnt today, which will you try?

Have you learnt any other interesting facts today?

Wow Day!
3 revision techniques that are easy but are **LEAST** effective:

- Summarising text.
- Highlighting text
- Re-reading notes

**Do these instead.**

Evidence-based and proven to be **MOST** effective.

**Knowledge organisers**

Transform your notes/information into concise revision material. Use them to:

- Show links between topics
- See whole topics in one diagram.
- See comparisons between concepts
- Create essay structure and plans
Year 11
revision techniques

Test yourself and teach others
There are plenty websites that can help you test your knowledge but you can also try to explain concepts to friends and family and encourage them to ask you questions.

• Quizlet
• Kahoot
• Gojimo
• Doddle
• PiXL
• GCSE Pod

Context-Dependent learning
Use the sports hall template to write your notes on. Use different colours and images to help you visualise your notes in the exam.
**Chunking**

Break down information into smaller pieces. Make connections or group concepts together to help you remember large amounts of information. Start A3 à flashcard

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**INTERLEAVING VS BLOCKING**

- “Blocking” your revision – focusing on one topic for a long time then moving on to the next topic – is inefficient.
- “Interleaving” your revision is far more effective.

<table>
<thead>
<tr>
<th>Blocking vs interleaving</th>
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<tbody>
<tr>
<td>Topic 1</td>
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<td>Topic 3</td>
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<td>Topic 5</td>
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<td>Topic 2</td>
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**But, why chunk content?**

It helps you present information in a way that makes it easy for your audience to understand and remember.
Plasticity

Your brain is full of neural pathways that **strengthen** the more we use them. Learning new information is hard at first, but it will become easier and **physically change** the structure of your brain the more you try.

**Space your revision**

Short-term memory has a **limited** capacity, so you need to regularly return to your old revision notes to ensure it processes into long-term memory.

Aim to ‘interleave’ your revision notes to avoid forgetting information from the middle of your revision ‘session’. This will help you.
Time – Start revising now. You wouldn’t prepare for a dance competition an hour before. So don’t try and cram the night before.

Sleep – Your brain needs sleep to recover and process the day. Lack of sleep can IMPACT memory and concentration. The two things you need for an exam.

Fresh air/Exercise – You’re not a machine. You need to move around and have some time away from revision. It also helps anxiety and allows you to think.

No phones – You owe yourself uninterrupted time away from distractions. See it as a reward for doing something that will benefit you.

Dual Coding
Create revision material that have Images, diagrams AND words so that your brain can process information to the best of its ability.

State-dependent learning
Try to revise without music, phones or when you’re tired as all of your exams will be before 1pm, without music and phones.
You are renting a one-bedroom flat in Huntingdon.

The rent is £675 per month
Write three key things that you have learnt from this zone:

1. 

2. 

3. 

What are the positives of doing an apprenticeship?
What qualification level can you gain from doing an apprenticeship?

[ ]

[ ]

[ ]

[ ]

All other information:

Gauge how useful this zone was in finding information about your future career:

[ ] Not useful

[ ]

[ ] Incredibly useful
Write three key things that you have learnt from this zone:

1. 

2. 

3. 

What are the positives of a creative profession?
What constitutes a creative job?

☐

☐

☐

☐

All other information:

Gauge how useful this zone was in finding information about your future career:
Write three key things that you have learnt from this zone:

1. 

2. 

3. 

What are the three positives that you can take from this zone?
What qualifications would you gain from this zone?

All other information:

Gauge how useful this zone was in finding information about your future career:
Write three key things that you have learnt from this zone:

1. 

2. 

3. 

What are the three positives that you can take from this zone?
What qualifications would you gain from this zone?

All other information:

Gauge how useful this zone was in finding information about your future career:
Write three key things that you have learnt from this zone:

1. 

2. 

3. 

What are the positives of working in a digital profession?
What qualifications would you gain from this zone?

☐

☐

☐

☐

All other information:


Gauge how useful this zone was in finding information about your future career:
Write three key things that you have learnt from this zone:

1.

2.

3.

What are the positives of working of going to college?
What are the positive of going to university?

All other information:

Gauge how useful this zone was in finding information about your future career:
To work towards my career as a _____________________ I should:

1) After my GCSEs I should ........

2) Other skills I should develop include...........

3) To get experience in this career I should.............
**Who can help?**

**Future Careers** Make a list of 3 future careers you think you are interested in and the main skills those careers possess.

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<th>Job</th>
<th>Skills Required</th>
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**Getting There** What steps do you think you need to take to get to where you want to be and who can help? (Apprenticeship, University, Work Placement, Weekend job, Charity work).

**Steps needed**

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**Questions that I need answering** Now list the important questions you will need to ask this afternoon to get the answers to help you on your way.

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