

# FITNESS CLASSES AT HINCHINGBROOKE SCHOOL

## ONLY £5 PER CLASS

### Timetable as of July 5th 2018



Monday	Tuesday	Wednesday	Thursday
N/A	N/A	N/A	<b>Pilates</b> 6:15pm – 7:15pm Lucy
<b>Yoga</b> 6:00pm – 7:00pm Lucy	N/A	N/A	N/A

#### Yoga –

Hatha yoga is an ancient practice bringing mind, body and breathe together.

#### Pilates –

Body conditioning to help build flexibility, muscle strength and endurance.



**Class prices:** £5.00 Full, £4.00 Student, Members Free

Book on: **01480 420531** or

**[HBKLeisure@hinchbk.cambs.sch.uk](mailto:HBKLeisure@hinchbk.cambs.sch.uk)**

