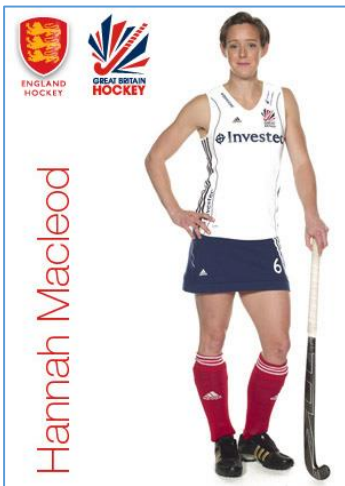


Physical Education:

1. Bring to your first lesson evidence that you have logged on to the AQA.org.uk website and looked at the PE A Level section.

This should be in the form of the two practical sports that you hope to be examined on, including the list of the core skills that you will be examined on.

2. In order to help you answer the next task, check out the following BBC Link with Gaby Logan:
<http://www.bbc.co.uk/sport/0/32623320>



Usain Bolt and Hannah Macleod:

Discuss the following statement:

Nature or nurture? Are sporting champions born to win?

In order to answer the question, no more than one side of A4, you need to understand what the command word 'Discuss' means.

PEE: try to use **Point, Evidence** and **Explain** to answer the question.



Fill in the table below in as much detail as possible, at the end list your references, for example: J Turnbull, 2017 'A Guide to A Level PE'

Lance Armstrong says he would cheat again if cycling career started over... and believes it's time to be forgiven after drugs shame.

Explain how did Lance Armstrong cheated?

What effect did his cheating have on his performance ?

What were the consequences of his cheating ?
