#### Students At Home Tasks on Strike Days – 15 and 16 March 2023

#### Wednesday 15 March:

	In School	At Home
Year 7		<b>✓</b>
Year 8		✓
Year 9		✓
Year 10	✓	
Year 11	✓	
Year 12	✓	
Year 13	✓	

#### Thursday 16 March:

	In School	At Home
Year 7		✓
Year 8		✓
Year 9	✓	
Year 10		✓
Year 11	✓	
Year 12	✓	
Year 13	✓	

## Work for Key Stage 3 Students (Years 7 and 8) to complete at home:

Year 8 will be involved in a 'Positively You' webinar on <u>15 March</u>. This will have 3 workshops:

9-10:30 - Resilience 11-12:30 - Goal Setting 13:30-15:00 - Motivation

Students will have a workbook (UPad) to follow along the webinar with and a link by which to sign in.

#### **Activity 1**

Using the PiXL Gaps and Growth KS3 ENGLISH booklet:

- 'Recapping Foundations' offers support for some of the key foundational skills that will help you succeed. Read the sections you feel you need extra support with.
- Answer the questions in the brick walls on pages 8 and 9, starting at the bottom of each wall. You can refer to recapping the foundations to help, if you need to.
- When you have answered the question in a brick, colour it red, amber or green depending on how confident you feel.

#### **Activity 2**

Using the PiXL Gaps and Growth KS3 MATHS booklet:

- Read the 'Recapping Foundations' section of the booklet. You can refer to this when you answer the questions.
- Answer the questions in the brick walls on pages 5 and 6 start at the bottom of each wall.
- When you have answered the question in a brick, colour it in red, amber or green depending how confident you feel.

#### **Activity 3**

Using the PiXL Gaps and Growth KS3 SCIENCE booklet:

- Read the 'Recapping Foundations' section of the booklet. You can refer to this when you answer the questions.
- Answer the questions in the brick walls on pages 5 and 6 start at the bottom of each wall.
- When you have answered the question in a brick, colour it in red, amber or green depending how confident you feel.

#### **Activity 4**

Complete at least 2 of the Step Up booklets on Literacy from:

- Step Up English extract and questions
- Step Up English Therapy Can show an understanding of
- Step Up English Therapy Meaning of Language in Context
- Step Up English Therapy Use quotations for illustrations

### **Activity 5**

- Choose a knowledge organiser for a subject you would usually have on Wednesday 15 or Thursday 16.
- Spend 20 minutes self-quizzing (look, say, cover, write, check) using your self quizzing book just like you would for homework

#### **Activity 6**

Read a book for pleasure. Consider who might also enjoy the book. What do you really enjoy about this book? What could be better?

# Work for Key Stage 4 Students (Years 9 and 10) to complete at home:

Year 10 will be involved in a 'Positively You' webinar on <u>16 March</u>. This will have 3 workshops:

9-10:30 – Exam Busters 11-12:30 – Study Skills 13:30-15:00 – Mind Mapping

Students will have a workbook (UPad) to follow along the webinar with and a link by which to sign in.

### **Activity 1**

Using the PiXL Gaps and Growth – Strengthening the Foundations Workbook KS4 English Language

- 'Recapping the foundations' offers support for some of the key foundational skills that will help you succeed. Read the sections you feel you need extra support on.
- Answer the questions in the brick walls on pages 7 and 8, start at the bottom of each wall. You can refer to recapping the foundations to help, if you need to.
- When you have answered the question in a brick, colour in red, amber or green depending how confident you feel.

#### **Activity 2**

Using the PiXL Gaps and Growth – Strengthening the Foundations Workbook KS4 Foundation/Higher Maths:

- Read the 'recapping the foundations' section of the booklet (see below). You can refer to this when you answer the questions.
- Answer the questions in the brick walls on pages 5 and 6 start at the bottom of each wall.
- When you have answered the question in a brick, colour it in red, amber or green depending how confident you feel.

#### **Activity 3**

Using the PiXL Gaps and Growth – Strengthening the Foundations Workbook KS4 Biology/Chemistry/Physics:

- Read the 'recapping the foundations' section of the booklet (see below). You can refer to this when you answer the questions.
- Answer the questions in the brick walls on pages 5 and 6 start at the bottom of each wall.
- When you have answered the question in a brick, colour it in red, amber or green depending how confident you feel.

## **Activity 4**

- GCSEPod Sign in through Office 365 (no passwords required).
- Click on or search for the subject 'Study Smart'
- Watch the 6 pods on retrieval practice, spaced retrieval and interleaving and how to do this with GCSEPod
- Create a retrieval practice calendar ready for your exams (Year 9 week beginning 24<sup>th</sup> April and Year 10 week beginning 5<sup>th</sup> June).

#### **Activity 5**

#### Using GCSEPod:

- Click on the Keeping Fit and Healthy subject
- Click on the 'Mind' section
- Watch two or more of the pods from:
  - 1. Choosing your mood
  - 2. Managing our thoughts
  - 3. Mindfulness
  - 4. Relaxation
  - 5. Training your attention
  - 6. Visualisation
- How could you use what you have learnt to improve your own wellbeing? Write a plan or a mind map of the useful tips you have learnt.