



Hinchingbrooke School

Hard Work • High Standards • Kindness

A Level Physical Education **Year 12 Transition Work 2026**

Please complete each task in your PE workbook which is to be handed in to Mrs Sheldon at the start of your course in September.

When answering the tasks, try to use the following structure:

- Point
- Evidence
- Explain

Use connectives to help you construct your answer e.g., firstly, on the other hand, similarly, in contrast, however, alternatively, furthermore, finally.

Please present your work neatly, using headings and dates and underlining the titles with a ruler.

Task 1

Use the 7582 Specification to familiarize yourself with the content of the course section by section. Identify which topics you are excited to learn more about, and those which you identify as being your weaker areas.

Use this link to access the specification:

[A-level Physical Education 7582 | Specification | AQA](#)

Task 2: Produce an A4 Performer Profile of yourself, include:

- Action photo of yourself performing
- Who is your sporting role model (explain why)
- Your sporting history, achievements, level of performance, dedication to your sport and aspirations.
- Finally conclude what sport that you wish to be examined on in year 13, 2028. (Ensure the activity is listed in the specification).

Task 3: Using the BBC social media post below regarding the success of the World Champions, the England Roses, discuss reasons for why the following statements might be true:

- The Red Roses, despite being World Cup winners, do not earn as much as professional athletes as their counterparts do in Cricket and Football.
- In the UK's Gallagher Premiership, the average male rugby player earns approximately £191,000 per year. In contrast, the top centrally-contracted female players in England earn a base salary between £27,000 and £35,000.
- Women's sport is under-funded and under-supported.

Carry out your own research to support your points of discussion.

