

CNAT Sports Studies - Personal Learning Checklist

Remember to test yourself by doing an exam question!

R184 Topic 1 & 2		R	A	G
Issues which affect participation in sport	User groups			
	Possible Barriers for not participating			
	Possible barrier solutions (PPA)			
	Factors which can impact sport in the UK (FRAMES)			
	Emerging sports in the UK			
The role of sport in promoting values	Sporting values (INFECT)			
	The olympic movement (REF)			
	The paraolympic movement (DICE)			
	The importance of sporting etiquette and sporting behaviour			
	The use of Performance Enhancing Drugs (PEDs) in sport			
	Sporting values, initiatives and campaigns			
Implications of hosting a major sporting event	Types of major sporting events			
	Positives and negatives pre-event			
	Positives and negatives of hosting a major event			
	Immediate and longer term post event			
National Governing Bodies	What is an NGB			
	TRICEPS			
	Lobby for funding			
Technology in sport	Enhancing performance / Recovery and rehabilitation			
	Increase safety of participants			
	Increase Fair play and accuracy of officiating			
	To enhance spectatorship			
	Positives and negatives			