



HINCHINGBROOKE SCHOOL MEALS



Hinchingsbrooke School
Brampton Road, Huntingdon, Cambs, PE29 3BN
Telephone 01480 375700
Headteacher Mr Keith Nancekievill

Breakfast Menu

Hot Items

Bacon or Sausage Roll	£ 1.00
Croissant	£ 0.50
Toasties (per triangle)	£ 0.50
Soup	£ 0.50

Cold Items

Cereal Box & Semi-skimmed Milk	£ 0.70
Fresh Whole Fruit	from £ 0.30
Fresh Fruit Salad	£ 0.80
Assorted Yoghurt	£ 0.40
Cereal Bar	£ 0.50
Fruit, Nut & Seed Bag	£ 0.50
Sauce Portion	£ 0.10

Available from 7.45am to 8.45am

(All items are subject to availability)

Morning Break

Hot Items

Bacon Roll	£ 1.00
Chicken Breast Roll	£ 1.00
Paninis	£ 1.50
Toasties (per triangle)	£ 0.50
Veggie Burger	£ 0.90

Cold Items

Filled Rolls (A) (cheese, tuna, ham, egg, salad)	£ 1.00
Filled Rolls (B) (chicken, prawn, beef)	£ 1.20
Tortilla Wraps	£ 1.20
Filled Baguettes	£ 1.40
Boxed Salad	£ 1.00
Fresh Whole Fruit	from £ 0.30
Fresh Fruit Salad	£ 0.80
Assorted Yoghurt	£ 0.40
Cereal Bar	£ 0.50
Fruit, Nut & Seed Bag	£ 0.50
Sauce Portion	£ 0.10

Available from 10.55am to 11.15am

(All items are subject to availability)

WEEK 1

	Main Dish	Vegetarian Option	Potato/ Rice	Vegetables	Pudding
Mon	Fisherman's Pie	Roasted Vegetable Medley	Savoury Rice New Potatoes	Mixed Vegetables Peas	Apple Crumble & Custard
Tues	100% Beefburger in a Bun	Vegetable Chilli	Potato Wedges Rice	Baked Beans Sweet-corn	Madeleine Sponge & Custard
Weds	Lamb Moussaka	Margherita Pizza	New Potatoes Potato Wedges	Mixed Salad Peas	Bakewell Tart & Custard
Thurs	Roast Beef & Yorkshire Pudding	Sweet & Sour Vegetables	Roast Potatoes Rice	Fresh Carrots Green Beans	Banana Cake & Custard
Fri	Breaded Cod	Broccoli & Cauliflower Cheese Bake	Potato Wedges Garlic Bread	Peas Sweet-corn	Fudge Tart

WEEK 2

	Main Dish	Vegetarian Option	Potato/Rice	Vegetables	Pudding
Mon	Chilli con Carne	Savoury Vegetable Pie	Creamed Potato Rice	Mixed Vegetables Peas	Jam Roly-Poly & Custard
Tues	Medley of Fish Mornay	Mushroom Quiche	New Potatoes Rice	Broccoli Carrots	Date Slice & Custard
Weds	Mediterranean Meatballs	Vegetable Lasagne	Rice Garlic Bread	Cauliflower Green Beans	Chocolate Sponge & Custard
Thurs	Roast Pork & Apple Sauce	Mushroom & Pepper Pizza	Roast Potatoes Potato Wedges	Carrots Parsnips	Mixed Fruit Crumble & Custard
Fri	Battered Cod	Vegetable Curry	Potato Wedges Rice	Peas Sweet-corn	Lemon Crunch Pie

WEEK 3

	Main Dish	Vegetari- an Option	Potato/ Rice	Vegeta- bles	Pudding
Mon	Chicken Fillet Burger	Sweet & Sour Vegetables	Potato Wedges Rice	Baked Beans Peas	Lemon Meringue Pie
Tues	Sweet & Sour Pork	Margherita Pizza	Potato Wedges Rice	Mixed Salad Peas	Creamy Rice Pudding
Weds	Fisherman 's Pie	Stir-fried Vegetable Medley	Rice New Potatoes	Mixed Vegeta- bles Peas	Apple Crisp Tart & Custard
Thurs	Roast Lamb & Mint Sauce	Macaroni Cheese	Roast Potatoes Garlic Bread	Carrots Parsnips	Choco- late Sponge & Custard
Fri	Breaded Plaice	Vegetable Risotto	Potato Wedges Rice	Peas Sweet- corn	Pineap- ple Upside- down Cake

WEEK 4

	Main Dish	Vegetarian Option	Potato/Rice	Vegetables	Pudding
Mon	Medley of Fish Mornay	Quorn Burger in a Bun	Potato Wedges New Potatoes	Mixed Salad Peas	Cherry Pie & Custard
Tues	Beef Lasagne	Broccoli & Cauliflower Cheese Bake	New Potatoes Garlic Bread	Fresh Carrots Peas	Apple & Sultana Strudel
Weds	Chicken Tikka Massala	Mushroom & Pepper Pizza	Rice Potato Wedges	Mixed Vegetables Peas	Syrup Sponge & Custard
Thurs	Roast Chicken & Stuffing	Cheese & Onion Quiche	Roast Potatoes New Potatoes	Fresh Carrots Broccoli	Rhubarb Crumble & Custard
Fri	Battered Haddock	Vegetable Chilli	Potato Wedges Rice	Peas Sweet-corn	Fudge Tart

Lunch Menu

Hot Items

Meal Deal	£ 2.00
(main meal & hot or cold pudding)	
Main Dish	£ 1.10
Vegetarian Main Dish	£ 1.00
Vegetable Portion	£ 0.40
Potato Portion	£ 0.50
Rice Portion	£ 0.40
Pasta King (per pot)	£ 1.60
Filled Jacket Potato	£ 1.30
(baked beans, tuna, cheese)	
Filled Paninis	£ 1.50
Hot Pudding	£ 0.50
Custard Topping	£ 0.10
Sauce Portion	£ 0.10

Cold Items

Filled Rolls (A)	£ 1.00
(cheese, tuna, ham, egg, salad)	
Filled Rolls (B)	£ 1.20
(chicken, prawn, beef)	
Filled Baguettes	£ 1.40
Tortilla Wraps	£ 1.20
Boxed Salad	£ 1.00
Fresh Whole Fruit from	£ 0.30
Fresh Fruit Salad	£ 0.80
Assorted Yoghurt from	£ 0.40
Cold Dessert	£ 0.50
Fruit, Nut & Seed Bag	£ 0.50
Cereal Bar	£ 0.50
Cheese & Crackers	£ 0.50
Cake Slice	£ 0.50 *
Gingerbread	£ 0.40 *
Muffin	£ 0.60 *
Biscuit	£ 0.40 *

* can only be purchased with a main item

Available from 1.00pm to 1.40pm

(All items are subject to availability)

Drinks

Hot

Tea	£ 0.50
Coffee	£ 0.50
Hot Chocolate	£ 0.50

Cold

Fruit Juice	£ 0.50
Milkshake	£ 0.50
Bottled Water (small)	£ 0.50
Smoothie Cartons	£ 0.60
Slush	£ 0.70

Available at Breakfast, Morning Break & Lunch
(All items are subject to availability)

Pre-paid meals for 10 days = £20.00

See information within the Parent Handbook (page 3)

Meal Deal = £2.00

Includes: Main Meal
 Potatoes/Rice
 Vegetables
 Dessert

We are confident we provide the best value School Meals in the area and are constantly looking to improve our School Meals service. Should you have any feedback or any queries regarding our School Meals service, please contact Debbie Jeffery by email dj@hinchbk.cambs.sch.uk

As from September 2009, all Secondary schools must meet new nutrient based standards for school lunches. To find out more please visit www.schoolfoodtrust.org.uk

